

Kalamazoo Public Elementary Schools Lunch Menu : Oct 2nd-Nov 3rd, 2023

"Meatless" Monday	Tuesday	Wednesday	Thursday	Friday
2-Oct Cheesy Breadsticks w/Marinara Seasoned Corn 1% White Milk 1% Chocolate Milk	3-Oct Chicken & Cheese Tacos Vegetarian Refried Beans Guacamole 1% White Milk 1% Chocolate Milk	4-Oct Pasta with Meat Sauce WG Garlic Bun Roasted Zucchini 1% White Milk 1% Chocolate Milk	5-Oct Chicken Nuggets WG Dinner Roll Crinkle Fries 1% White Milk 1% Chocolate Milk	6-Oct Half Day Breakfast Available 1% White Milk 1% Chocolate Milk
9-Oct Grilled Cheese & Tomato Soup 1% White Milk 1% Chocolate Milk	10-Oct Beef & Cheese Nachos Vegetarian Refried Beans Guacamole 1% White Milk 1% Chocolate Milk	11-Oct Sweet & Sour Chicken w/ Veggie Fried Rice Vegetable Egg Roll Fortune Cookie 1% White Milk 1% Chocolate Milk	12-Oct Half Day Breakfast Available	13-Oct Half Day Breakfast Available 1% White Milk 1% Chocolate Milk
16-Oct Mac N Cheese Seasoned Asparagus Biscuit w/Jelly 1% White Milk 1% Chocolate Milk	17-Oct Baja Chicken Over Rice Seasoned Black Beans & Corn Shredded Cheese Guacamole 1% White Milk 1% Chocolate Milk	18 Early Release Cheeseburger on WG Bun Vegetarian Baked Beans <i>Menu Subject to Change</i> 1% White Milk 1% Chocolate Milk	19-Oct Strawberry Popcorn Chicken Salad Dinner Roll 1% White Milk 1% Chocolate Milk	20-Oct Cheesy Garlic French Bread Pizza 1% White Milk 1% Chocolate Milk
23-Oct Breakfast Bagel Diced Potatoes Strawberry Yogurt 1% White Milk 1% Chocolate Milk	24-Oct Beef & Cheese Walking Nachos Vegetarian Refried Beans Guacamole 1% White Milk 1% Chocolate Milk	25-Oct Smoked Turkey & Cheese Pocket Seasoned Carrots 1% White Milk 1% Chocolate Milk	26-Oct Chicken & Waffles Tater Tots Spiced Mango 1% White Milk 1% Chocolate Milk	27-Oct Pepperoni or Cheese Pizza 1% White Milk 1% Chocolate Milk
30-Oct Breaded Cheese Sticks Seasoned Capri Veggie Mix Marinara Dipping Sauce 1% White Milk 1% Chocolate Milk	31 Halloween Beef & Cheese Nachos Vegetarian Refried Beans Guacamole 1% White Milk 1% Chocolate Milk	1-Nov No School 	2-Nov Chicken Wings WG Corn Muffin Sweet Potato Fries 1% White Milk 1% Chocolate Milk	3-Nov Cheesy Garlic French Bread Pizza 1% White Milk 1% Chocolate Milk
Choose With Any Meal! (expect Mar 13-17)				
Salad Mix	Salad Mix	Salad Mix	Salad Mix	Salad Mix
Fresh Cucumber Coins	Fresh Cherry Tomatoes	Fresh Broccoli Florets	Fresh Baby Carrots	Assorted Vegetables
Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
DAILY ALTERNATES				
Smoked Turkey Coins Cheese Cubes Apple Sauce Jungle Crackers	WOW Butter & Jelly Sandwich	WG Blueberry Muffin, Cheddar Goldfish, Yogurt & String Cheese Fun Lunch	Cereal, Hard Boiled Egg & Graham Crackers Fun Lunch	Tortilla Chips, Salsa & Shredded Cheddar Fun Lunch

Elementary: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and 1% chocolate.

Menu may change with out notice do to supply issues.

This institution is an equal opportunity provider
Milk only \$0.35