

Maple Street Magnet School Physical Education
Phone: 337-0730
GOOGLE CLASSROOM: MAPLE STREET FALCONS PE 2019-2020
Code: t17bm42

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COURSE DESCRIPTION: Physical Education is a class in which students will have the opportunity to learn and develop sport specific skills and rules, sportspersonship, and teamwork. Students will also engage in daily physical activities that work to increase cardiovascular endurance, flexibility, and strength in a safe, engaging environment. Students will be required to give personal best effort on a daily basis.

Students will be introduced to the skills, rules, and strategies of but not limited to the following sports:

- Soccer
- Weight Room
- Net Sports (Badminton, Nitro Ball, Pickle Ball, Volleyball)
- Modified Football
- Basketball
- Ultimate Frisbee

UNIFORMS: As with all middle schools in KPS, Maple Street requires all students to change out of their school clothes and into the PE Maple Street Uniform on a daily basis. These uniforms are available for purchase from the PE teachers at a cost of \$20.00. Sizes range from XS-XL. If there is any concern about the payment please send a note or email to your student's teacher.

LOCKERS/ LOCKS: Students will be issued a locker and lock for the trimester. Students will be required to memorize their locker combination and should NEVER share this combination with anyone. Students will not be permitted to share lockers or locks. The locks are property of Maple Street and are not allowed to be taken from the gym locker rooms. Maple Street is not responsible for lost or stolen items as students are issued a lock and combination. Students should NEVER have valuables in the gym locker room as phones/ and other electronic devices are NOT ALLOWED in school during the school day. If a student has their PE lock lost or stolen they will be required to pay \$5.00 to replace the lock. **NEVER SHARE THIS COMBINATION!!**

DRESSING/NO DRESS POLICY: Students are required to dress in the Maple Street issued PE uniform and wear tennis shoes daily. Dressing in PE is mandatory for participation. Grades are based on participation and effort, therefore, students must be dressed in PE uniform and participating to maintain their grades. Students should bring their uniforms home at the end of each week to wash and bring back. Rentals are available for students if they forget their uniforms. If a student is abusing the rental policy, parents will be notified

1st No Dress: Talk to student; find out what is going on and how we can assist them

2nd No Dress: Call home talk to parent, find out what is going on and how we can help

3rd No Dress: Lunch Detention and call home again, miss a portion of student opportunity day

4th NO Dress: Lunch Detention and call home, miss all of next student opportunity day

5th NO Dress: Meeting with parent/ legal guardian and Fooy

GRADING:

- Students can earn up to 10 points a day; 50 points a week. Students earn points by being:
- Dressed in their PE uniform
- Giving personal best effort (best effort during jogging, dynamic stretching, sport related activity)
- Showing positive sportsmanship (All students have different skill levels and accepting others for where they are)
- Being a good teammate (Treating all other students with respect no matter where their skill level is)

If a student is sat out in class for not following expectations or sent to the RTC room they will lose points for the day and will lose a portion of time during the next Student Opportunity Day.

ATTENDANCE POLICY: Students are required to be on time and participate in class each day. If a student is Tardy, they lose 2 points for the day and the school tardy policy will be followed. If a student is absent from class, we ask that they log onto our Google Classroom, find and watch one of the videos related to the sport we are participating in and write a TYPE 2 response to the video. This response should be emailed to your teacher. When your teacher receives the assignment via email, the points will be updated in gradebook.

FALCON: POSITIVE BEHAVIOR: As you may already know we promote positive behavior here at Maple Street. We use the acronym FALCON. This stands for; Focused, Accountability, Listen and Learn, Cooperative, Organized, Never Give Up. Students as a class are able to earn a Student Opportunity Day when they receive 90 points. Classes can earn 18 points a day by following the FALCON acronym. When a class reaches 90 points, they will earn the Student Opportunity Day. For this reason, if students have not been following the expectations, they will miss a portion of the next Student Opportunity Day.

GYM/LOCKER ROOM EXPECTATIONS:

- NO FOOD, CANDY, GUM in the gym or the locker room
- Water is the only liquid allowed and must be in a closed container
- Students must use the restroom during locker room changing time, students WILL NOT be allowed back into locker rooms during class
- Tardy to class is not being in the locker room when the bell rings. If a student is tardy, they will get dressed immediately, then get tardy pass
- Students are not allowed to leave class without permission or open the doors for anyone

FITNESS TESTING: Students will be participating in fitness testing. We will let them know ahead of time what the national norm is for their gender and age group. We will take a pre-test at the beginning of the trimester to get a baseline for the students. At the end of the trimester, we will do post fitness testing. Our goal is, through daily participation in PE class, each student will make individual gains in each area.

HEALTH CONCERNS:

All students are expected to participate and perform in Physical Education. We understand that some students will have limitations, therefore if your child has a medical issue that may affect their participation in Physical Education, PLEASE send a written explanation to their teacher and we will accommodate to the best interest of the student. Students with asthma should have their inhaler in the office at school and should be using it prior to coming to their Physical Education Class. If a student has a rescue inhaler, they should bring the inhaler to the gym.

PLEASE TEAR OF THIS PAGE AND RETURN; KEEP THE SYLLABUS FOR YOUR RECORDS. THIS DOCUMENTATION IS WORTH 10 POINTS FOR THE STUDENTS'S GRADE!

Thank you for all the hard work you put into your students. If you have any questions please email or call us and we will get back to you as soon as possible.

Students and Parents please initial the following bullets to assure that you understand the PE expectations:

Student Initials:

- _____ Uniform Policy
- _____ Locks/ Lockers
- _____ Dressing/No Dress Policy
- _____ Grading/ Sportspersonship Policy
- _____ Attendance Policy
- _____ FALCON: Positive Behavior Policy
- _____ Health Concern Policy

Parent Initials

- _____ Uniform Policy
- _____ Locks/ Lockers
- _____ Dressing/ No Dress Policy
- _____ Grading/ Sportspersonship Policy
- _____ Attendance Policy
- _____ FALCON: Positive Behavior Policy
- _____ Healthy Concern Policy

Student Name: _____

Student Signature _____

Parent/Guardian Name: _____

Parent/Guardian Signature: _____

By signing the form below, you are letting us know that you and your student have read the syllabus and understand our classroom expectations and procedures.